

My profile with awards & achievements in sports

Name : **SAHANA KUMARI**

Event : **High Jump**

Height : 1.76 mt, 5.9

Weight : 59 kg

Date of Birth : 06-03-1981

Qualification : Bcom,MBA (still studying through distance learning)

Father Name : Rajendra Kumar

Best Performance : **1.92 mts** June-2012 52nd National Inter-State athletics in Hyderabad)
This is new national record in womens high jump. And qualified
For London Olympics-2012.

Next Aim : Medal in Coming 2012 London Olympic Games

Presently now I am training under Russian High Jump Coach Nikitin, who produce World University Boy who did 2.30 meters in High Jump.

Awards & achievements in sports- High jump....

NATIONAL LEVEL PERFORMANCE

- 1) 9th to 18th February 2007, 33rd National Games, Guwahati : 1st Place.
- 2) 2007 14th March, Federation Cup Seniors at Kolkata : 1st Place
- 3) 17th to 20th September 2007, Inter State Senior Athletic Championship at Bhopal : 1st Place
- 4) 23rd to 26th October 2007, 47th National Open Athletic Championship at Jharkhand : 1st Place
- 5) 26th to 29th February 2008, 14th Federation Cup National Senior Athletic Championship at Bhopal: 1st Place.
- 6) 15th to 18th June 2008, 48th National Inter State Senior Athletic Championship at Tamil Nadu : 1st Place

- 7) 18th July 2008, Senior National Combined event at Bangalore for Selection of Olympic Games: 1st Place.
- 8) 2009 Open Athletic Championship in Bhopal : 2nd Place
- 9) 2009 Inter State National Championship at Chennai: 1st Place.
- 10) Jan-2012 Selection trial for Asian Indore championship at Bangalore- won 1st place.**
- 11) April-2012 National federation cup at Patiala won 1st place done 188 cm.**
- 12) 2012:- 52nd National Inter-State athletics in Hyderabad--- 1st Place (with new national record and qualified for london Olympics 2012—achived 1.92 mts)**

INTERNATIONAL LEVEL PERFORMANCE

- 1) Represented India in SAF Games in the Year 2004 at Pakistan and won Silver Medal.
- 2) Represented India in the Asian Indoor Championship in the year 2004 at Iran and Won Bronze Medal.
- 3) Represented Indian in the Asian Indoor Meet at Vietnam in the Year 2004.
- 4) Represented India in SAF Athletic Meet at Kochi in the year 2008 and won Gold Medal.
- 5) Represented India in Asian Track and Field Meet in the year 2009 at China.
- 6) Represented India in Asian Indoor Games in the year 2009 at Doha and won 4th Place.
- 7) Represented India in Common Wealth Games at Delhi in the Year 2010 and won 4th Place.
- 8) Represented India in Asian Games at China in the year 2010 and won 7th Place.
- 9) Represent India in SAF Games at Bangladesh in the year 2010 and won Silver Medal.
- 10) Represent India in Asian Indore championship at China in the year 2011 and won 4th place.**
- 11) Represent India in Asian Grand prix athletes at Thailand in the year 2012 (May 8th, 10th, 13th) and won 2nd, 3rd, 4th places. I have done my best performance 189cm consecutively two times.**

ALL INDIAN OPEN NATIONAL CHAMPIONSHIP PERFORMANCE.

- 1) 2002 :- Open National in Delhi – 2nd Place.

- 2) 2003 :- Open National in Bangalore – 1st Place
- 3) 2004 :- Open National in Bombay – 1st Place.
- 4) 2006 :- Open National in Delhi – 1st Place
- 5) 2007 :- Open National in Bhopal – 1st Place
- 6) 2009 :- Open National in Madras – 3rd Place
- 7) 2010 :- Open National in Kochi – 3rd Place
- 8) **2011 :- Open National in Kolkatta – 1st Place**
- 9) **2012:- 52nd National Inter-State athletics in Hyderabad--- 1st place (with new national record and qualified for london Olympics 2012—achived 1.92 mts)**

I hereby declare that the above furnished details are true, complete & correct to the Best of my knowledge & belief.

Thanking you

SAHANA KUMARI